

# PREPARE FOR A POSITION AS A COMMUNITY HEALTH WORKER

## COMMUNITY HEALTH WORKER

Community Health Workers (CHW) are front-line agents of change helping to reduce health disparities in underserved communities. They can be identified by many titles, including outreach educators, community health navigators, peer health educators, community outreach advisors and contact tracers. In general, people who work in this role help others navigate often complex health care systems, in order to live healthy lives.

CHW's provide individuals with culturally appropriate information about available community resources and how to access them. They can advocate for individual and community health needs as well as provide some direct services to include first-aid and blood pressure checks. They can reach community residents where they live or in community spaces where people frequent such as in churches, community centers, schools or health facilities.

Once in the field CHW's may find opportunities to transition to social work, nursing or other health related professions.

## PROGRAM SCHEDULE:

**Classes begin August 2020 - DONT DELAY!**

Mostly online evening classes. You will be ready to apply for CHW positions in the Spring of 2021.

## LEARN MORE:

Attend a one-hour information session  
Every Monday morning via ZOOM, 10:00 – 11:00 am  
Contact [Rachel.Werch@ppl-inc.org](mailto:Rachel.Werch@ppl-inc.org) to receive an invite.

## QUESTIONS:

Project for Pride in Living PPL  
612.455.5300 • [www.ppl-inc.org](http://www.ppl-inc.org)

Normandale Continuing Education  
952.358.8343 • [www.normandale.edu/CE](http://www.normandale.edu/CE)

## PROGRAM DESCRIPTION:

This is a **FREE** 8 month program.

Participants will take courses at Normandale Community College to prepare for an **industry recognized certificate that includes 16 college credits**. Courses will take place online via D2L/ZOOM. Some in person classes may be scheduled as the COVID19 environment allows. Zoom sessions are Tues, Thurs evenings.

Other short learning sessions applicable to job success as a CHW will be scheduled and included in the program. Students will also have an opportunity for an internship.

## THIS IS FOR THOSE WHO HAVE:

- A strong desire to work with culturally diverse populations
- An interest in helping individuals and communities
- Typing skills sufficient for participation in online learning
- A high school diploma or GED
- A work visa or SSN
- Proficient English language skills to include reading, speaking and writing
- A clean background

